

Brighter Futures program



Being a parent can be tough ...
help and support can make a real difference

The Brighter Futures program can provide you with support and services to help you give your children a good start in life. This can stop family problems from getting worse.

Is this program for my family?

The Brighter Futures program is for families with children under nine years of age or who are expecting a baby.

Parenting is a tough job. Families facing domestic violence, mental health issues or drug and alcohol problems may be able to join Brighter Futures.

You may also be able to join the program if you're bringing up children without much support or if you're struggling to manage your children's behaviour.



How does the Brighter Futures program work?

Families can be part of the program for up to two years. Each family is supported by a Brighter Futures worker who will help you build a strong, positive relationship with your child.

A Brighter Futures worker can meet with you in your own home and help you find services and support that are right for your family, including:

Parenting programs

You can meet with other parents and learn ways to manage your children's behaviour.

Quality children's services

Your children can be cared for by qualified staff while they play and learn with other children at child care or playgroups.



“ I really look forward to the Brighter Futures worker visiting me at home. Talking helps to clear my head, and the Brighter Futures worker has helped me focus on what I want for my family. My daughter is getting the help she needs to get ready for school, and she is now able to play well with other children. I'm looking forward to working again soon, and one day I hope to help other women going through domestic violence. ”

Brighter Futures program

Being a parent can be tough ...
help and support can make a real difference



How can I get involved?

There are two ways you can become involved in the program. With your permission, a community agency can refer you to the program. Or a Brighter Futures worker may contact you if the Brighter Futures team receives information indicating the program may be able to help your family.

Do I have to take part?

No, families choose to join the Brighter Futures program. Families also decide how long they will be in the program and they can leave at any time.

What happens next?

We will talk about what you want to achieve for your family and how we can help you. You are the expert when it comes to your family.

Your privacy will be protected once in the program and you will be involved in all decisions. Together we will make a plan and link your family to the services and supports you need.

We will visit you to talk about how the program is working. If anything changes, we can arrange other types of support.

More information

You can find out more about the Brighter Futures program by visiting the Community Services website at www.community.nsw.gov.au or by talking with the following community agency:



“ At first I was worried about being part of a Community Services program. After the Brighter Futures worker visited me at home to talk about the program, I understood how it could help my family. The Brighter Futures worker helped me to get the services I needed for my son. With regular support he is able to talk more confidently and enjoys going to school. I have joined a parents’ group and together we are learning how to better support and care for our kids. I have lots more confidence and hope for the future. ”



Human Services
Community Services

PEI-006
People featured in photographs in this brochure are models only.