

Targeted Earlier Intervention (TEI) Program Logic

Temora Community Centre (TCC)

Community Connections, Community Centre, Community Support and Targeted Support



CURRENT SITUATION	ACTIVITIES AND SERVICES	EVIDENCE	OUTPUTS	THEORY OF CHANGE	CLIENT OUTCOMES
<p>Temora is a town in the North-East of the Riverina area in NSW approximately 90km north of Wagga Wagga. It has a population of 6,110.¹ 2.3% of the Temora population identify as Aboriginal or Torres Strait Islander.²</p> <p>It is our experience community members are often unaware of the support services available (either locally or via outreach) and require assistance to navigate these complex systems to obtain the appropriate referral pathway.</p> <p>Our target group is children, young people, families, and communities, including Aboriginal people, who are experiencing or at risk of vulnerability within the Temora LGA. We have a particular focus on:</p> <ul style="list-style-type: none"> 0–5-year-old children Young parents with known vulnerabilities who are experiencing hardships Young people at risk of disengaging with the education system Young people, families and individuals affected by poverty, family and domestic violence, substance misuse and/or mental health issues Socially and geographically isolated people <p>Temora people identifying as Aboriginal is broken into the following ages: 0-4yr is 8.5%, 5-9yr is 14.1%, 10-14yr is 12.7% and 15-19yr is 9.2%³</p>	<p>TEI Program Activity: Community Connections</p> <p>TEI Service Type: <u>Community Sector Coordination</u></p> <p>Service Description:</p> <ul style="list-style-type: none"> Coordinate the Temora services Interagency Coordinate the Keep Them Safe (mandatory reporters) Interagency Coordinate Community Drug Action Team (CDAT) meetings. Support CDAT committee including secretary and treasurer services. Plan and coordinate one family event with a drug and alcohol safety focus. Support Temora Shire Council Access and Equity committee meetings representing children, young people, families, and communities who are experiencing vulnerabilities. <p>TEI Service Type: <u>Community Sector Planning (in partnership with Temora Shire Council)</u></p> <p>Service Description: Representing children, young people, families, and communities at public forums when designing and developing the Temora Shire Council Community Strategic Plan and Disability Inclusion Plan</p> <p>TEI Service Type: <u>Community Engagement</u></p> <p>Service Description:</p>	<p>Interagency collaboration can enhance participating professionals' skills, knowledge and confidence and can provide a more supportive professional environment.²⁰</p> <p>Coordination of services' meetings can provide the platform for assessment of vulnerability and assist to identify gaps in service.</p> <p>By working in partnership with organisations in the community, community members that are most vulnerable can be seen and planned for within the LGA.²³</p> <p>Community development has positive outcomes for children, young people, and families, this includes increased:</p> <ul style="list-style-type: none"> Parenting skills Parental confidence Self-awareness and confidence Visits to health professionals and other services Knowledge and understanding of money management Employment Re-engagement with education <p>Community development has also been shown to decrease:</p> <ul style="list-style-type: none"> Injury and suicide rates Low literacy skills Alcohol related hospitalisations Crime rates ²⁴ <p>Community events can address inequalities in peoples' access to</p>	<p>Temora Services Interagency</p> <ul style="list-style-type: none"> Number of sessions Number of services Number of attendees Distribution of minutes Distribution of network information Number of participants satisfied the group improved service coordination <p>Temora Keep Them Safe Interagency</p> <ul style="list-style-type: none"> Number of sessions Number of services Number of attendees Distribution of minutes Distribution of network information <p>Temora CDAT</p> <ul style="list-style-type: none"> Number of sessions Number of attendees Distribution of minutes Coordination of events <p>Temora Shire Council Access and Equity Committee</p> <ul style="list-style-type: none"> Number sessions Number of attendees <p>Temora Shire Council Community Strategic Plan and Disability Inclusion Plan</p> <ul style="list-style-type: none"> Number of public forums attended Number of resources + planning documents <p>CDAT Family Pool Party White Ribbon Walk Volunteers Morning Tea</p>	<p>Attendance at interagency meetings provides opportunity for service providers (NGO's Govt., local places of learning and local businesses) to network and form good working relationships. Greater coordination and communication between services assists to improve response to participant and community needs. It increases awareness of services available in the community and allows for efficient referral pathways. It also demonstrates to the community that services can work together and are united in a common goal to assist and strengthen community.</p> <p>The centre takes a holistic view of local needs and offers flexible, responsive activities which focus on improving pathways, knowledge, and assists to lower social isolation. Community events, whether at public venues, schools, or expos provide members of the community with an opportunity to:</p> <ul style="list-style-type: none"> participate in the community in a positive and meaningful way connect and build positive relationships with others and service providers increase knowledge to inform choice <p>These events also provide the centre with an opportunity to promote the services we provide and build partnerships with other organisations in the community or those that outreach to the LGA.</p>	<p>Outcomes for Program Activity 1: Community Connections</p> <ul style="list-style-type: none"> Social and Community: Increased sense of belonging to community Increase in formal and informal networks Increased knowledge of available services Increase in children, young people, families, and communities' participation in community <p>Education and skills</p> <ul style="list-style-type: none"> Increase community members knowledge regarding Aboriginal people, culture, and country

<p>Temora has 32% of children aged 0-5 identified as vulnerable.⁴</p> <p>The AEDC shows the state average of those children in the vulnerable area of 2 or more domains is 9.6% whilst Temora is 13.6%.⁵</p> <p>In our work with local schools and early childhood settings, educators have indicated that many families are unaware of how to access support for their children regarding developmental issues.</p> <p>Temora is ranked 107 out 152, placing it in the lowest third of the Mother's Index Ranking for NSW.⁶</p> <p>Temora had 16.1% of mothers who smoked during pregnancy during 2015 to 2017 nearly double the NSW percentage of 8.7%.⁷</p> <p>The number of young mothers giving birth aged 19 and under in Temora LGA is 8.3% compared to the NSW state average of 1.9%.⁸</p> <p>If these issues are not addressed children may not achieve all developmental milestones and could potentially disengage from school.</p> <p>10% of Temora students complete year 12 which is below the state average of 15.3%.⁹</p> <p>Temora High School attendance is 88.2% compared with Wagga High School which has 90% attendance.¹⁰</p> <p>Murrumbidgee students short term suspensions are 5.3% compared to the NSW average of 4%¹¹</p> <p>If these issues are not addressed employment opportunities become limited and people are more likely to be dependent on welfare as a means of income</p> <p>Temora's score of 4 in the 2019 IRSAD NSW Decile indicates it is</p>	<ul style="list-style-type: none"> Coordinate or participate in community engagement activities that provide people with information about the Centre's services or a specific issue. This could include: <ul style="list-style-type: none"> CDAT Family Pool Party White Ribbon Walk Volunteers Week Morning Tea Mental Health Month Expo Disability Expo Active Ageing Expo Community Back to School Drive Youth Made Markets Girl Power Community Toy Drive School holiday activities for children and youth <p>TEI Service Type: <u>Indigenous Community Engagement</u></p> <p>Service Description:</p> <ul style="list-style-type: none"> Provide resources and support to NAIDOC week activities Provide informal connections for Aboriginal and non-Aboriginal people to come together to share culture and arts 	<p>information, resources, services, and community membership.²⁵</p> <p>Community festivals provide members of a community with opportunities to engage in socialisation, entertainment, and establish social networks, which can contribute to the enhancement of community cohesion and the building of social capital.²⁶</p>	<ul style="list-style-type: none"> 1 event Number of attendees Practitioner community score <p>Mental Health Expo Disability Expo Active Ageing Expo Youth Made Markets</p> <ul style="list-style-type: none"> Exhibition Stand Number of attendees <p>Community Toy Drive</p> <ul style="list-style-type: none"> Delivered annually in December Number of clients and unidentified clients <p>School Holiday activities</p> <ul style="list-style-type: none"> Number of sessions Number of clients and unidentified clients Number of clients satisfied with service received <p>NAIDOC Week Activities</p> <ul style="list-style-type: none"> Number of sessions Number of identified and unidentified clients Number of clients satisfied with service received 	<p>Hosting NAIDOC week activities is an opportunity to acknowledge, celebrate and welcome Aboriginal people and Indigenous culture to our centre and the community.</p> <p>Whilst Aboriginal community members have reported discrimination in relation to opportunities and education providing these events will assist to break down barriers of exclusion and enhance community members cultural knowledge.</p>	
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<p>comparatively disadvantaged to other areas within the state.¹²</p> <p>4.9% of the Temora population are unemployed.¹³</p> <p>27.5% of households in Temora earn less than \$650.00 gross weekly income.¹⁴</p> <p>In Temora 8% of people are without a vehicle compared with 7.5% nationally.¹⁵ It is worth noting there is no public transport in Temora and community transport is extremely expensive.</p> <p>No internet connection for Temora households is 29% compared with 14.1% nationally.¹⁶</p> <p>Between 2016-2020 crime statistics in the following have increased in Temora:</p> <ul style="list-style-type: none"> • pornography, • amphetamines, other drugs, • domestic violence, • handling of stolen goods.¹⁷ <p>25% of adults in the Murrumbidgee region reported psychological distress compared to the NSW average of 17.7%.¹⁸</p> <p>1 in 2 (50.5%) Australians feel lonely for one day in a week while one in four (27.6%) feel lonely for three or more days. Nearly 55% of the population feel they lack companionship at least sometimes.¹⁹</p> <p>Members of the community that are experiencing economic, social, and emotional vulnerability need access and opportunity to participate in free programs and activities to be able to contribute to society and feel connected to their community.</p> <p>Temora Community Centre aims to minimise the impacts of disadvantage by building self-confidence and knowledge of supports and services available and fostering social inclusion. The centre provides vital programs to support parents to improve skills</p>	<p>TEI Program Activity: Community Centres</p> <p>TEI Service Type: <u>Information/Advice/Referral</u></p> <p>Service Description:</p> <ul style="list-style-type: none"> • Provide advice/guidance or information for individuals or families in relation to a specific topic • Provide assisted referrals to other service providers or within the organisation • Act as a soft entry point for people to access more targeted or intensive support • Support people to complete hardcopy or online forms and applications <p>TEI Service Type: <u>Social participation</u></p> <p>Service Description:</p> <ul style="list-style-type: none"> • Provide opportunities for people to connect with others using the centre and its resources. This may include: • Plates of Plenty: free, once weekly community meal • Adult art and craft groups • Room Hire: <ul style="list-style-type: none"> ○ Supported Playgroup ○ Personal Counselling ○ Financial Counselling ○ Gambling Counselling ○ Mental Health Support Services ○ Employment Agencies ○ Community Corrections ○ AOD Program ○ Tax Help ○ Can Assist ○ Centrelink/Medicare Agent ○ Photography Group ○ Motion Arts Group • Centre infrastructure: <ul style="list-style-type: none"> ○ Internet access ○ Computer and printing services ○ Book and games library 	<p>There is considerable evidence that local neighbourhood centres play a significant role in sustaining a local approach to supporting affected people in ways that retain their local connections and help them to meet other local people.²⁷</p> <p>Information and referral services provided by community centres has been shown to reduce searching, negotiation and decision making made by clients.²⁸</p> <p>Research shows that neighbourhood centres form a key element of the social infrastructure of disadvantaged communities. The infrastructure can be adjusted to respond to local needs, emerging issues, or opportunities.²⁹</p> <p>Community centres act as a ‘hub’ for coordinating and supporting the provision of services in the community.³⁰</p> <p>Community centres have a lot to contribute to addressing a range of priorities including effective support to children at greatest risk of long-term disadvantage, addressing homelessness, employment, people living with disability or mental illness and closing the gap for Indigenous Australians.³¹</p>	<p>Information/Advice/Referral</p> <ul style="list-style-type: none"> • Number of identified and unidentified clients • Demographics of identified clients • Reasons for seeking assistance • Number of clients referred to other services • Number of clients satisfied with service received <p>Plates of Plenty</p> <ul style="list-style-type: none"> • Number of sessions • Number of identified and unidentified clients • Number of clients satisfied with service received <p>Adult art and craft groups</p> <ul style="list-style-type: none"> • Number of sessions • Number of identified and unidentified clients • Number of clients satisfied with service received <p>Room Hire</p> <ul style="list-style-type: none"> • Number of rooms hired each week <p>Centre Infrastructure</p> <ul style="list-style-type: none"> • Number of people utilising centre resources 	<p>Temora Community Centre provides a single point of access to information, resources and services that are available to the community.</p> <p>Providing children, families, and individuals with information, advice, and referrals, when required, ensures they have the information they need to address their situation and achieve their desired outcomes.</p> <p>Supporting people to connect with services builds trust in the system and gives them confidence in their own ability to access services that best suit their needs.</p> <p>The community centre provides a venue for a wide range of outreach services to deliver their programs to community members who may otherwise find access difficult due to geographical isolation and/or lack of transport. Our venue also provides a welcoming space to deliver social inclusion and skill building programs which address loneliness and build the capacity and resilience of the community.</p> <p>Providing access to resources such as phones, computers and the internet helps reduce barriers some community members may face.</p>	<p>Empowerment</p> <ul style="list-style-type: none"> • Increased client reported self determination • Increased confidence in ability to seek support and access needed services <p>Social and Community</p> <ul style="list-style-type: none"> • Increased engagement with relevant services • Increased knowledge of available services • Increased sense of belonging to community • Increase in participation in community life • Increased access to resources
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and confidence to create secure, safe environments for their children thereby reducing the risk of children entering child protection. Opportunities provided through education and skills training and volunteering programs enhance skills, improve school attendance and achievement, and create pathways to employment.

Temora interagency meetings give services access to a network and forum to share and discuss information and ideas. Without this communication between services, knowledge would be reduced resulting in less coordination of services and collaboration across programs.

- Car seats
- Community Kitchen with free tea and coffee making and cooking facilities
- Drop-in space with free TV, DVD player, pool table
- **Hub Works**
 - Food relief: provision of food staples and frozen meals
 - EAPA: Electricity and gas bill assistance
 - Hygiene and crisis packs: Family, female, and male
 - Back to School packs: Back packs filled with essential school items
 - Newborn packs: newborn baby products and ‘Bringing up Great Kids’ resource
 - Pet Supplies: donated food, grooming and health care products distribution point when available

The absence of material basics can be understood as living in poverty. Having material basics is important because children who experience poverty early in life are at risk of ongoing disadvantage.³²

By supporting those with:

- household challenges – domestic and family violence,

Hub Works

- Number of identified and unidentified clients
- Reasons for seeking assistance
- Number of clients satisfied with service received

Supporting the most vulnerable members of our community to meet their basic needs of food, electricity and hygiene provides people with an opportunity to improve their wellbeing and circumstances.

	<p>TEI Program Activity: Community Support</p> <p>TEI Service Type: <u>Information/Advice/Referral</u></p> <p>Service Description:</p> <ul style="list-style-type: none">• Provide advice/guidance or information for individuals or families in relation to a specific topic• Provide assisted referrals to other service providers or within the organisation <p>TEI Service Type: <u>Advocacy and Support</u></p> <p>Service Description:</p> <ul style="list-style-type: none">• Problem solving, advocating for and being an intermediary for children, young people, families, and communities to find the support that is right for them <p>TEI Service Type: <u>Facilitate Employment Pathways</u></p> <p>Service Description:</p> <ul style="list-style-type: none">• Resume’ Writing: provide individual support and infrastructure to create/update resume’• Volunteer Opportunities• Student placements: opportunity to apply theory and skills studied in a professional workplace environment. <p>TEI Service Type: <u>Social Participation</u></p> <p>Service Description:</p> <ul style="list-style-type: none">• Centrelink Mutual Obligation: opportunity to volunteer and learn work-based skills in various industry sectors.• Work Development Orders: provide opportunity to reduce fine debt via sponsorship or volunteering. <p>TEI Service Type:</p>	<p>substance misuse, mental illness, parental separation, incarcerated parents</p> <ul style="list-style-type: none">• Abuse – emotional, physical, sexual• Neglect – emotional, physical we can prevent/minimise the impact of these challenges.³³ <p>Social determinants include factors such as income, education and employment and can strengthen or undermine the health and welfare of individuals and communities.³⁴</p> <p>Case studies repeatedly highlight the value of developing pathways for people to access volunteering and employment opportunities.³⁵</p> <p>Learning is a continuous process throughout life. Children and youth learn through a variety of formal and informal experiences within the classroom and more broadly in their home and in the community. ³⁶</p>	<p>Information/Advice/Referral</p> <ul style="list-style-type: none">• Number of identified and unidentified clients• Demographics of identified clients• Reasons for seeking assistance• Number of clients referred to other services• Number of clients satisfied with services received <p>Advocacy and Support</p> <ul style="list-style-type: none">• Number of identified and unidentified clients• Demographics of identified clients• Reasons for seeking assistance• Number of clients satisfied with service received <p>Facilitate employment Pathways</p> <ul style="list-style-type: none">• Number of identified and unidentified clients• Number of sessions• Demographics of identified clients• Number of clients satisfied with service received <p>Social Participation</p> <ul style="list-style-type: none">• Number of volunteers/clients• Demographics of volunteers/clients• Number of volunteers/clients satisfied with service received <p>Education and skills Training</p> <ul style="list-style-type: none">• Number of sessions• Number of identified and unidentified clients• Demographics of identified clients• Exit reason• Number of clients satisfied with service received	<p>Community support provides community members with a range of flexible options for engagement.</p> <p>Access to information and services can assist community members to identify, prioritise and achieve identified goals with minimal guidance or more focused support.</p> <p>Providing knowledge and skills-based programs builds self-worth and self-confidence which in turn develops capacity to parent, provide financial and housing security and reduce risk of harm.</p> <p>Social inclusion programs increase connection with peers and members of the broader community and provides opportunity to build new relationships with greater understanding and respect of difference and culture.</p> <p>Providing a range of volunteer opportunities build skills, creates a sense of achievement which can lead to meaningful employment. Volunteering can also meet needs of mutual obligation and WDO’s all of which in turn assist to improve long term life outcomes.</p> <p>.</p>	<p>Empowerment</p> <ul style="list-style-type: none">• Increased client reported self determination• Increased confidence to find and apply for work <p>Social and Community</p> <ul style="list-style-type: none">• Increased engagement with relevant services• Increased knowledge of available services• Increased informal and formal networks• Increased sense of belonging to community <p>Home</p> <ul style="list-style-type: none">• Parents and carers have the skills and confidence to provide stable and secure positive environments for children <p>Education and skills</p> <ul style="list-style-type: none">• Increase school attendance and achievement• Increased understanding of how to apply for employment opportunities <p>Economic</p> <ul style="list-style-type: none">• Sustained participation in employment
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	<p><u>Education and Skills Training</u></p> <p>Service Description:</p> <ul style="list-style-type: none"> • Provide opportunities either individually or in a group for community members to increase knowledge, skills, confidence, and capacity. This could include facilitation of: <ul style="list-style-type: none"> ○ Individual budget preparation ○ Rent it Keep it program ○ RAGE program ○ RAP program ○ Essential Skills program ○ Friends’ programs ○ Chillax program ○ Love Bites program ○ Adulting 101 (in partnership with Temora High School) <p>TEI Program Activity: Targeted Support</p> <p>TEI Service Type: <u>Information/Advice/Referral</u></p> <p>Service Description:</p> <ul style="list-style-type: none"> • Provide advice/guidance or information for individuals or families in relation to a specific topic • Provide assisted referrals to other service providers or within the organisation <p>TEI Service Type: <u>Mentoring/Peer Support</u></p> <p>Service Description:</p> <ul style="list-style-type: none"> • Facilitate self-help/peer support groups for parents experiencing issues • Cook ‘n’ Chat: designed to discover nutritionally balanced, budget friendly family meals while facilitating informal discussions around parenting topics. Delivered in a safe, social environment. <p>TEI Service Type: <u>Parenting Programs</u></p>	<p>Significant numbers of parents reported having difficulties in receiving the professional support they needed (nearly 4 in 10). Long waiting lists/support staff availability was most reported as reasons for feeling this way.³⁷</p> <p>Mentoring provides meaningful connections that impact the people involved and influence their lives at home, at work and in their communities. Those who are mentored are linked to improved academic, social, and economic outcomes.³⁸</p> <p>Regardless of whether parenting programs are a standard, adapted or a specifically developed program, there is evidence that they are effective for children and parents with known vulnerabilities.³⁹</p> <p>Children and youth who are loved and safe are resilient, they can withstand life challenges and respond constructively to setbacks and unanticipated events.⁴⁰</p> <p>Effective prevention and early intervention are the most promising strategy for improving children’s life outcomes. There is clear evidence that improving the wellbeing of families and communities can</p>	<p>Information/Advice/Referral</p> <ul style="list-style-type: none"> • Number of clients • Demographics of clients • Number of sessions • Number of clients referred to other services • Number of clients satisfied with service received <p>Mentoring/Peer Support</p> <ul style="list-style-type: none"> • Number of clients • Number of sessions • Demographics of clients • Number of clients satisfied with service received <p>Parenting Programs</p> <ul style="list-style-type: none"> • Number of clients • Number of sessions • Demographics of clients • Exit reason • Number of clients satisfied with service received <p>Intake/Assessment</p> <ul style="list-style-type: none"> • Number of clients • Number of sessions 	<p>The centre’s Targeted Support services aim to provide a ‘universal’ approach of service delivery to improve outcomes for vulnerable children, families and individuals which can involve a wide range of actions and interventions.</p> <p>Areas of intervention may include:</p> <ul style="list-style-type: none"> • Parenting skills • Family functioning and living skills • Conflict resolution • School readiness and engagement • Minimisation of risky behaviours • Stable, safe, and secure housing • Social inclusion <p>With the provision of information and access to a broad range of interventions which include practical, material and more complex work e.g., parenting programs, families and individuals are empowered to identify areas of</p>	<p>Empowerment</p> <ul style="list-style-type: none"> • Increased client reported self determination • Increased confidence in parenting skills <p>Social and Community</p> <ul style="list-style-type: none"> • Increased engagement with relevant services • Increased informal and formal networks • Increased sense of belonging to community <p>Safety</p> <ul style="list-style-type: none"> • Reduced risk of entry into the child protection system • Increased ability of parents to meet their childrens needs and keep their children safe at home • Increased sense of safety at home <p>Home</p>
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	<p>Service Description:</p> <ul style="list-style-type: none">Facilitate programs either individually or as a group that specifically target parent/child relationships and/or practical skill building for parents: This could include:<ul style="list-style-type: none">Triple PBringing up Great KidsPlay PowerLiving with TeensHelping Children with Starting School <p>TEI Service Type: <u>Intake/Assessment</u></p> <p>Service Description:</p> <ul style="list-style-type: none">Provide case management and planning to assess the strengths and needs of individual clients, including any risks. Plan and coordinate a range of services to meet clients' needs and address risks. <p>TEI Service Type: <u>Family Capacity Building</u></p> <p>Service Description: Provide family support activities during case management to implement individual client case plans. This could include:<ul style="list-style-type: none">Home visitsAdvocacySupport: legal, counselling, interpreter, relationship, parentingMediationEducation - life skills, budgetingClient progress reviewExit Plan</p>	<p>improve children's life chances. This requires flexible and responsive systems that can respond early and effectively to issues and challenges.⁴¹</p> <p>The economic benefits of early intervention for children and families experiencing disadvantage are well documented. The most effective interventions are those that focus on:</p> <ul style="list-style-type: none">Improving social supportsStrengthening community engagement, connectedness, and resilienceAdapting a collective impact approach⁴²	<ul style="list-style-type: none">Demographics clientsNumber of clients referred to other servicesExit reasonNumber of clients satisfied with service received <p>Family Capacity Building</p> <ul style="list-style-type: none">Number of clientsNumber of sessionsDemographics of clientsNumber of clients referred to other servicesExit reasonNumber of clients satisfied with service received	<p>need and/or risk and contribute to developing their own plan of management.</p> <p>By facilitating the coordination of service delivery identified in individual plans and supporting participation, we believe families will in turn move towards achieving improved outcomes in their areas of need and minimise risks whilst building capacity, resilience, and self-sufficiency.</p>	<ul style="list-style-type: none">Parents and carers have the skills and confidence to provide stable and secure positive environments for children <p>Education and skills</p> <ul style="list-style-type: none">Increase school attendance and achievementDevelop skills for everyday life (e.g. cooking)
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1. ABS 2016 Census: https://quickstats.censusdata.abs.gov.au/census_services/getproduct/census/2016/quickstat/LGA17350?opendocument
2. ABS 2016 Census: https://quickstats.censusdata.abs.gov.au/census_services/getproduct/census/2016/quickstat/LGA17350?opendocument
3. ABS 2016 Census: https://quickstats.censusdata.abs.gov.au/census_services/getproduct/census/2016/quickstat/LGA17350?opendocument
4. Department of Communities and Justice, 2019, Murrumbidgee District Data Profile, pg,56. (Source: TFM 2017)
5. Department of Communities and Justice, 2019, Murrumbidgee District Data Profile, pg,52. (Source: AEDC data explorer 2019)
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19. Lim, M 2018, Australian loneliness report: a survey exploring the loneliness levels of Australians and the impact on their health and wellbeing, Swinburne Research Bank, <https://researchbank.swinburne.edu.au/items/c1d9cd16-ddbe-417f-bbc4-3d499e95bdec/1/>
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