My Health Record: A guide for parents with children in out-of-home care (OOHC)

What is the *My Health Record?*

The *My Health Record* is the Australian Government's new Digital Health system. It is a **summary** of an individual's **key health information** stored in one central location. The following information can be added to the *My Health Record*:

Health care provider can add:	Medicare can add:	Individual can add:
• Information from your doctor called a Shared Health Summary • Hospital discharge summaries • Reports from scans and tests • Medications • Doctors referral letters	• Medicare information, such as visits to your doctor • Medicine information from the Pharmaceutical Benefits Scheme • Organ donation information • Immunisation records	• Personal Health Notes • Emergency Contact Details • Indigenous status

The *My Health Record* is **personally controlled**. The individual decides what gets uploaded, what stays in the record and who can see it.

If an individual does not have a *My Health Record* they can still obtain their health information from other sources. The *My Health Record* **does not replace existing health records.**

Will my child have a *My Health Record* while they are in OOHC?

Your child will have a *My Health Record* created for them if they are in out-of-home care and under the Minister's parental responsibility. This is so that information about the health services they accessed during their time in care can be kept together. This information will be available to them if their placement changes and also when they leave care.

The *My Health Record* will help children with complex heath needs or those who need to visit several different health care providers, by improving the way information is currently shared between them.

Who will manage my child's Health Record while they are in OOHC?

While your child is in care their *My Health Record* will be restricted. You will not be able to view their record during this time and your child's carers will not have access. Your child's *My Health Record* will only be accessible to their health care providers and the Department of Communities and Justice who will manage the restriction process.

What happens to my child's Health Record when they leave OOHC?

When your child leaves care the restriction will be removed from their *My Health Record*. This means that whoever has parental responsibility for your child will then be responsible for making decisions about their *My Health Record*.

When a child leaves care their parent, guardian or adoptive parent can apply to the Australian Digital Health Agency to view and manage their record. This means they will be responsible for deciding what information can be uploaded to the record and who can view it until the child or young person turns 14 and can manage the record themselves.

When a child leaves care, their parent, guardian or adoptive parent can also make the decision to cancel their *My Health Record* if they do not want it. Health care providers will no longer be able to access information in the record.

What happens when my child turns 14?

When your child turns 14, they will automatically become responsible for managing their *My Health Record*. They can decide what information gets uploaded to the record and who can view this.

Your child's caseworker will explain the *My Health Record* to them and make sure they are aware of what is involved in managing it.

What should I do if I want information about my child's health while they are in OOHC?

If you would like information about your child's health needs or the services they are receiving while they are in care, you can speak with their caseworker.

Where can I go to find out more about the *My Health Record?*

You can find out more about the *My Health Record* at MyHealthRecord.gov.au or by contacting the *My Health Record* Help line on 1800 723 471.