

Disability Resource Hub Disclaimer

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Person Centred Active Support


People with
disability actively
engaged in their
own lives.

Active Support is
doing WITH

Not doing FOR



Support is for Participation



All people can be
involved
in any activity
big or **small** ...

•

•



Participation is
doing **part** or **all**

With just the right
amount of support

What might be
insignificant to you,
might just
make
someone's day

Meet Carissa



Make an ACTIVE SUPPORT difference in Carissa's life!

- ✓ What are the **barriers**?
- ✓ What are some **solutions**?

How did
you make
a
difference
in
Carissa's
life?





barriers
?

SOLUTIONS
?



Active Support increases

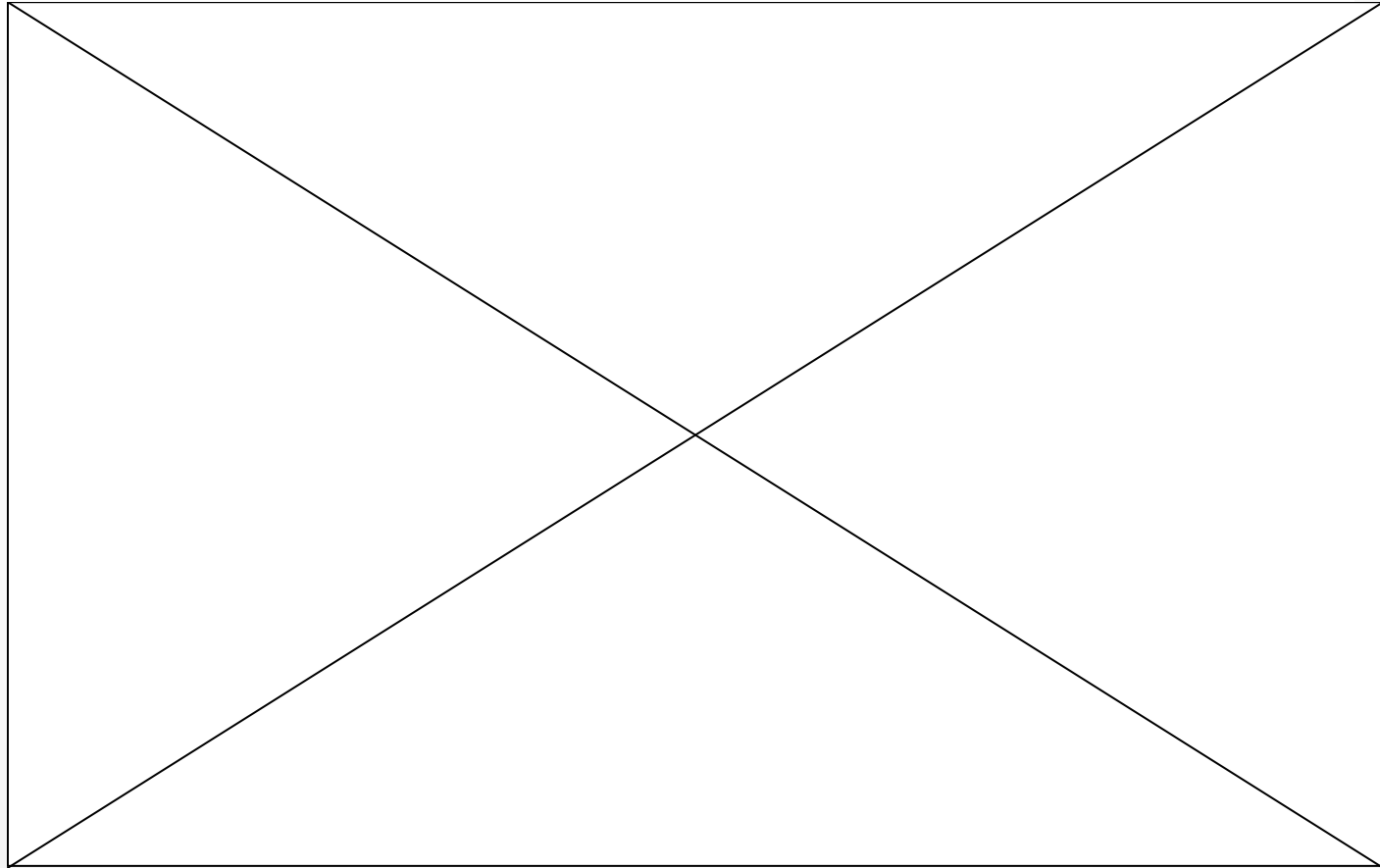
- ✓ quality of life
- ✓ independence*
- ✓ choice and control*
- ✓ connectedness*
- ✓ **staff satisfaction**

(Jim Mansell and Julie Beadle-Brown et al. 2012)

Active Support decreases

- ✓ behaviours of concern
- ✓ mental health issues
(depression, anxiety)

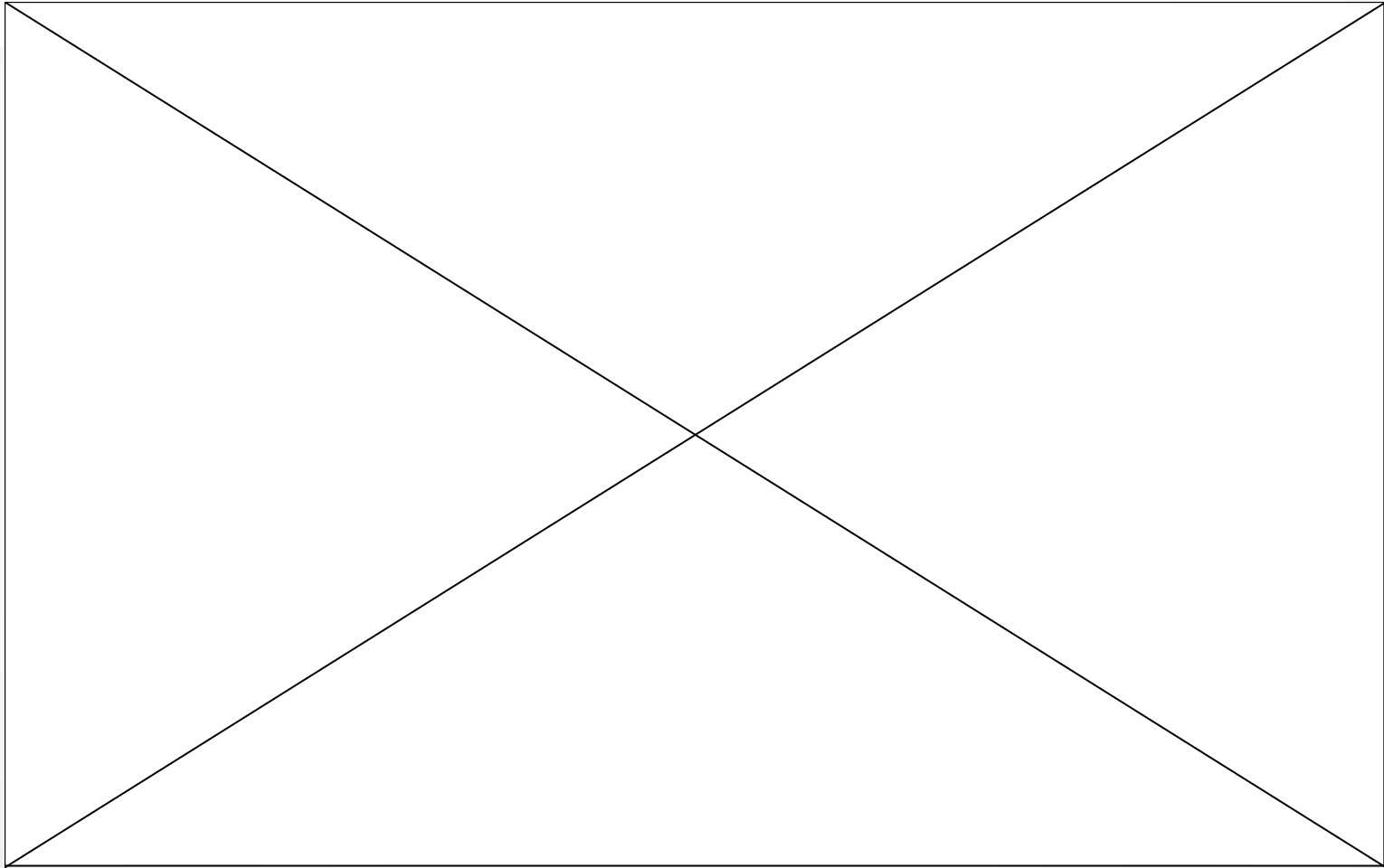
Active Support – A day in Carissa's life





Active Support better for workers

Active Support – A day in Fran’s life



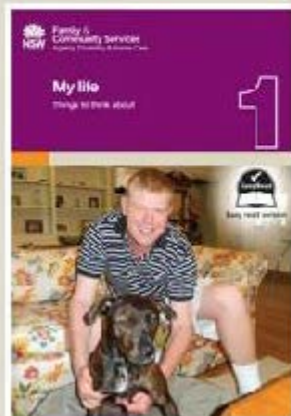


Active Support better for customers

Active Support resources

My Life and Somewhere to Live Booklets

These three booklets are simple guides for people with disability, their family and carers to get help with their life and a home that's right for them.



Training videos

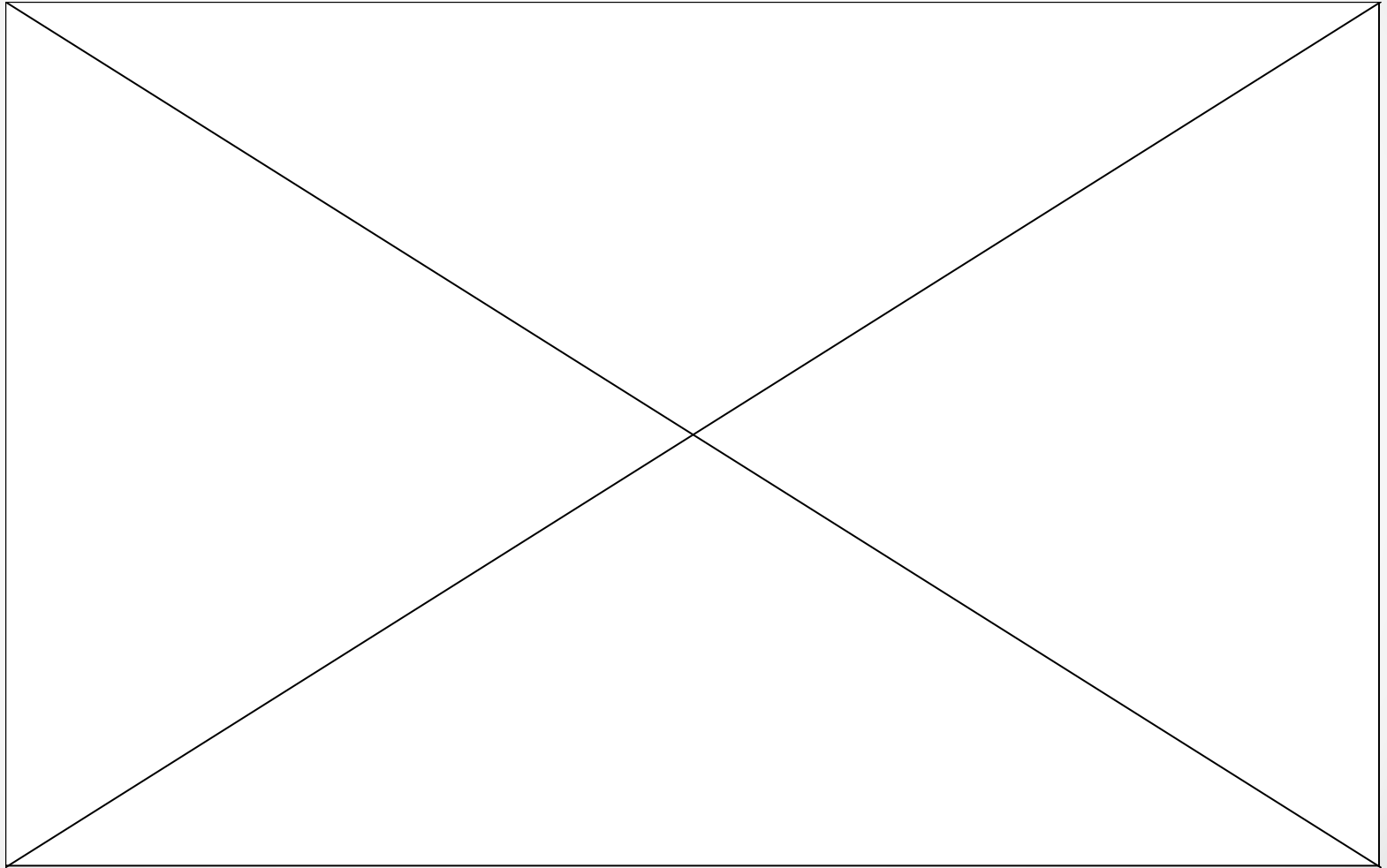


Accommodation Service Provider Guidelines



<http://www.adhc.nsw.gov.au/activesupport>

Active Support - Connecting with others



Active Support



<http://www.adhc.nsw.gov.au/active-support>

<http://www.adhc.nsw.gov.au/personcentredresources>