

Targeted Earlier Intervention Program: Birrang Enterprise Development Co Ltd 2020-21

CURRENT SITUATION	ACTIVITIES AND SERVICES	EVIDENCE	OUTPUTS	THEORY OF CHANGE	CLIENT OUTCOMES Describe the outcomes for clients/communities achieved for each service type
<p>The Orange LGA has an Indigenous population of 6.3%, compared to the NSW state average of 2.9% (Census 2016). The majority of these people are children and young people: 37.6% are children aged 0-14 years, 20.1% are 15 -24 years (Census 2016). The average age of Aboriginal and/or Torres Strait Islander people was 20 years (Census 2016).</p> <p>In the Orange LGA, 62.1% of Aboriginal families have one or more children, 32.3% of Aboriginal families are one parent families and 32.2% are couple families with children.</p> <p>Aboriginal people and families in Orange, experience co-occurring risk factors, such as:</p> <ul style="list-style-type: none"> <li>Social isolation: including but not limited to, relocation to a new town with no family or friends, being unfamiliar with and/or fearful of services. The on-going effects of trauma and the lack of knowledge and limitations to access healthcare and social services, compound the feelings of isolation.</li> <li>Unemployment: 17.6% of Aboriginal and/or Torres Strait Islander people are unemployed</li> <li>Insecure employment and low income: The average weekly income for Aboriginal households in Orange is \$1,207. Our own PWI research also shows that a majority of our clients are unsatisfied with their standard of living (52%) and their future security (56%).</li> <li>Low levels of educational attainment: 19.9% of Aboriginal and/or Torres Strait Islanders reported having completed Year 9 are their highest level of educational attainment, 20.1% reported Year 10, and 9.9% reported Year 12.</li> <li>Parental challenges: ¼ (n=466) of all 15-18yo in Orange are affected by mental issues – 26% of these young people identify as Aboriginal (Their Futures Matter Data Pack – Western NSW District). Families are reaching out</li> </ul>	<p><b>TEI Program Activity:</b> Program Activity 1: Community Connections  <b>TEI Service Type:</b> Community Engagement  <b>Service Description:</b> Deliver Indigenous games – organise and run 1 day each school holidays - keeping children and young people connected with their culture.</p> <p><b>TEI Program Activity:</b> Program Activity 3: Community Support  <b>TEI Service Type:</b> Education and Skills Training.  <b>Service Description:</b> Sessions could include but not limited to;</p> <ul style="list-style-type: none"> <li>Affordable cooking for a family</li> <li>Healthy hygiene for all family members</li> <li>Healthy homes e.g. diet, exercise, relationships, budgeting</li> </ul> <p>School holiday sessions – Parents interactions with their children/young people, sessions could include but not limited to;</p> <ul style="list-style-type: none"> <li>Cooking as a family, interaction in social activities as a family e.g. sports, crafts etc.</li> </ul> <p><b>TEI Service Type:</b> Facilitate Employment Pathways.  <b>Service Description:</b> Delivered as per activity description, could include but not limited to;</p> <ul style="list-style-type: none"> <li>Resume writing</li> <li>workshops around employment skills development</li> <li>preparing for interviews,</li> <li>acquiring a driver's licence etc.</li> </ul>	<p>The evidence in this column refers to interventions shown to improve the current situation.</p> <p>NB: As we are on a continuum of maturity with the TEI reform, in the first instance this column is <b>not</b> mandatory.</p> <p>We also acknowledge that there is limited evidence for some areas along the service continuum and it will take time to build.</p> <p>If you do have evidence you would like to describe please include a summary here or attach more detailed information to the end of the document.</p>	<p>Organise and run 1 X day each school holidays X 4 annually, for Orange LGA, an Indigenous games day for Aboriginal children and young people – estimate 30 participants in each day = 120 participants annually.</p> <p>Deliver in Orange LGA - 1 session X weekly X 8 per term X 4 times annually: total of 32 sessions annually.</p> <p>Estimate 8 participants at each weekly session per term = 32 participants annually.</p> <p>Number of participants who are satisfied with the service provided.</p> <p>Delivered in Orange LGA - 1 session X each school holidays (4 annually) estimate 40 participants (Adults &amp; Children) for each holidays = 160 participants annually.</p> <p>Number of families who are satisfied with the service provided.</p> <p>Delivered in Orange LGA - Estimated at least 50 community members including young people will be assisted annually, either individually or in a group setting.</p> <p>Number of participants who reported being treated with respect.</p>	<p>Indigenous games support children and young people to learn about and connect with their culture, in a fun and friendly environment.</p> <p>Supporting parents participation in health and educational services, better enables them to ensure their families are physically healthy and encourages healthy eating.</p> <p>Through our workshops young Aboriginal parents will be provided with information and skills to manage a household budget, which will incorporate how to afford to cook for a family on a budget, e.g. which are the cheaper cuts of meat, vegetables in season, one pot meals, cooking in bulk, while taking into account dietary requirements of family members and maintaining spending within a budget.</p> <p>Parents will be educated on the importance of hygiene, personally and within the home. Parents will be provided with information on how to make affordable household cleaning products which will assist with maintaining household hygiene</p> <p>Community members will be supported to develop resumes to maximise their chances of gaining an interview and ultimately employment.</p> <p>Community members will be supported to obtain a drivers licence through Birrang's Learner Driver School, which will assist with employment opportunities and parents/carers to have their independence for everyday transportation needs and not have to rely on others.</p> <p>Community members will be supported on preparing for interviews e.g. dress code for particular jobs, what interview</p>	<p><b>Social and Community:</b> Increased participation in community events.</p> <ul style="list-style-type: none"> <li>Aboriginal children and young people are connected to their culture and community.</li> </ul> <p><b>Empowerment:</b> Increased client reported self-determination</p> <ul style="list-style-type: none"> <li>Increase parent's confidence to be a positive role model for their families.</li> </ul> <p><b>Economic:</b> People are supported to have their basic needs met</p> <ul style="list-style-type: none"> <li>Parents/carers are able to feed their family on a budget, while considering dietary requirements of family members.</li> </ul> <p><b>Home:</b> People are supported to have close and healthy relationships with immediate family members</p> <ul style="list-style-type: none"> <li>Increase parents understanding of the importance of building strong relationships with their children &amp; young people.</li> <li>Increase parents/carers positive interactions with their children &amp; young people.</li> </ul> <p><b>Education and Skills:</b> People are supported to participate in education and develop skills</p> <ul style="list-style-type: none"> <li>Increase skills to develop a resume</li> <li>Increase skills to prepare for an interview</li> <li>Increase ability to apply for employment opportunities</li> </ul> <p><b>Empowerment:</b> Increased client reported self-determination</p> <ul style="list-style-type: none"> <li>Increase confidence to apply for employment opportunities</li> </ul>

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<p>for support to assist their young people. Disruptions at home involving arguments and physical altercations are affecting younger siblings and the family as a whole.</p> <p>The deep disadvantage experienced in Indigenous communities can be directly linked to experiences of trauma that have passed from one generation to the next. The cumulative effect of historical and intergenerational trauma severely reduces the capacity of Aboriginal and Torres Strait Islander peoples to fully and positively participate in their lives and communities, leading to widespread disadvantage (<a href="#">Australian Indigenous Health/InfoNet – Trauma</a>).</p> <p>Intergenerational trauma can negatively impact families as a result of unresolved suffering, negative repeated patterns of behaviour (including beliefs about parenting), substance abuse issues and experiences of mental illness. This in turn can lead to poor educational attainment, unemployment and insecure employment.</p> <p>Young people who have grown up in a home with engrained disadvantage are more likely to continue to a lifetime of disadvantage. If these issues are not addressed, young people are likely to continue a cycle of intergenerational disadvantage. They may experience a sense of disconnection from their community, struggle to find employment and fall into the trap of extreme economic disadvantage.</p> <p>Our programs aim to alleviate the impact of this disadvantage on children and families by building self-confidence, knowledge, and awareness of supports available and fostering social inclusion. By introducing and facilitating support services that can promote the goal of improving parenting skills, relationships, financial management, educational outcomes and employment pathways, we aim to reduce the impact of social exclusion, unemployment, financial hardship and assist to improve long-term outcomes for young people.</p>	<p><b>TEI Service Type:</b> Indigenous Advocacy/Support <b>Service Description:</b> Delivered as per activity description and could include but not limited to; Advocating to problem solve and being an intermediary for Aboriginal children, young people, families and communities.</p> <p><b>TEI Service Type:</b> Information/Advice/Referral <b>Service Description:</b></p> <ul style="list-style-type: none"> <li>Advice/guidance or information for individuals or families in relation to a specific topic.</li> <li>Referrals to another service provider or within the existing organisation.</li> </ul> <p><b>TEI Program Activity:</b> Program Activity 4: Targeted Support <b>TEI Service Types:</b> Mentoring/Peer Support <b>Service Description:</b> Sessions could include but not limited to;</p> <ul style="list-style-type: none"> <li>Aboriginal families affected by Domestic Violence;</li> <li>Alcohol &amp; Other Drugs;</li> <li>Developing and maintaining healthy relationships;</li> </ul>		<p>Delivered in Orange LGA - Estimate assistance will be provided to 100 Aboriginal community members annually, throughout the Orange LGA, individually, including young people, families or groups.</p> <p>Number of clients referred to other services.</p> <p>Delivered in Orange LGA - An occasion of service needs to be a reasonable amount of support, enough to obtain details to enter onto DEX. Estimate 100 occasions of service provided to the Aboriginal community, including individuals and families.</p> <p>Number of clients referred to other services.</p> <p>8 Sessions annually with an estimation of 15 participants at each sessions – a total of 120 participants annually from the Aboriginal community within Orange LGA.</p> <p>Number of clients referred to other services.</p>	<p>questions could be asked, how best to answer the questions with confidence, how will the applicant get to the interview, this will ensure the applicant has the best preparation for gaining employment.</p> <p>Aboriginal community members will be provided with the skills and knowledge needed to problem solve arising issues confronting their families and communities. They will build confidence and resilience to advocate for themselves and on behalf of family and community.</p> <p>Families and Community members including young people will be referred to other services if required, such as health, education and other relevant social services to ensure appropriate intervention when needed.</p> <p>Peer support groups can increase self-esteem, confidence, positive feelings of accomplishment and increase client's ability to cope with their challenges. They can also support members to connect with their peers, who in turn can provide informal support when needed.</p> <p>These sessions will inform clients about the impacts of these behaviours on their day to day life and on their children's life. Participants will be informed of the relevant support services available.</p>	<p><b>Empowerment:</b> Increased client reported self-determination</p> <ul style="list-style-type: none"> <li>Increase people's confidence and support them to exercise control over decisions that affect their lives.</li> </ul> <p><b>Social and Community:</b> Increased sense of belonging to their community.</p> <ul style="list-style-type: none"> <li>Aboriginal community gain knowledge and an understanding of the resources available within their community.</li> <li>Reduce fear within the Aboriginal community to ask for guidance, advice and support.</li> </ul> <p><b>Health</b></p> <p>Improve parental health.</p> <ul style="list-style-type: none"> <li>Increase knowledge of the impacts of Domestic Violence and/or Alcohol &amp; Other Drugs on children and non-offending parent/carer.</li> <li>Increase parents/carers confidence to access formal and informal support networks.</li> </ul>