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Family &  
Community  
Services

# End of Life Care Planning Guidelines Tools and templates

Summary: End of Life Care Planning Guidelines Tools and templates provide resources to be completed when supporting the present or future care needs of a person with disability with a life-limiting condition.



# Tool and templates

## End of Life Care Planning

1. Authorised Palliative Care Plan templates
2. Links to Advance Care Guides and Tools
3. Links to Person Centred Thinking tools
4. Resources for children and young people
5. Contact details for palliative care services (children and young people)

# 1 Palliative care plan templates and Fact sheet

## Authorised Care Plan Fact sheet



Authorised Care  
Plans\_V3.pdf

## Authorised Adult Palliative Care Plan

NSW Ambulance Authorised Care Plan Form

This form can be used for an adult.



Adult Palliative Care  
Plan - v2.pdf

## Authorised Paediatric Palliative Care Plan

NSW Ambulance Authorised Care Plan Form

This form can be used for a child or young person.



Paediatric Palliative  
Care Form - v2.pdf

## Authorised Care Plan



Authorised Care  
Form - v2.pdf

These plans can be requested from NSW Ambulance Services using the following email:

[AMBULANCE-ClinicalProtocolP1@health.nsw.gov.au](mailto:AMBULANCE-ClinicalProtocolP1@health.nsw.gov.au)<mailto:AMBULANCE-ClinicalProtocolP1@health.nsw.gov.au>

# 2 Links to Advance Care Guides and Tools

## Advance Care Planning Guides and Tools – web resource

<http://www.racgp.org.au/your-practice/business/tools/support/acp/>

### 3 Person Centred Thinking Tools

**Living Well workbook** – Thinking and planning for the end of your life, June 2010.  
HSA Press

<http://creativeoptionsregina.ca/wp-content/uploads/2015/03/Thinkind-and-Planning-for-the-End-of-Your-Life.pdf>

**On the ADHC website at:**

[http://www.adhc.nsw.gov.au/publications/policies/policies\\_a-z/?result\\_237652\\_result\\_page=L](http://www.adhc.nsw.gov.au/publications/policies/policies_a-z/?result_237652_result_page=L)

**On the ADHC intranet at:**

**Decision Making Profile**

[http://dadhc-intranet.nsw.gov.au/documents/client\\_services/APD\\_directorate/lifestyle\\_planning/pct\\_tools/Lifestyle\\_Planning\\_Decision\\_making.pdf](http://dadhc-intranet.nsw.gov.au/documents/client_services/APD_directorate/lifestyle_planning/pct_tools/Lifestyle_Planning_Decision_making.pdf)

**Hopes and Dreams**

[http://dadhc-intranet.nsw.gov.au/documents/client\\_services/APD\\_directorate/lifestyle\\_planning/pct\\_tools/Lifestyle\\_Planning\\_Hopes\\_and\\_dreams.pdf](http://dadhc-intranet.nsw.gov.au/documents/client_services/APD_directorate/lifestyle_planning/pct_tools/Lifestyle_Planning_Hopes_and_dreams.pdf)

**Hopes and Fears**

[http://dadhc-intranet.nsw.gov.au/documents/client\\_services/APD\\_directorate/lifestyle\\_planning/pct\\_tools/Lifestyle\\_Planning\\_Hopes\\_and\\_fears.pdf](http://dadhc-intranet.nsw.gov.au/documents/client_services/APD_directorate/lifestyle_planning/pct_tools/Lifestyle_Planning_Hopes_and_fears.pdf)

**Important to and Important for**

[http://dadhc-intranet.nsw.gov.au/documents/client\\_services/APD\\_directorate/lifestyle\\_planning/pct\\_tools/Lifestyle\\_Planning\\_Important\\_to-for.pdf](http://dadhc-intranet.nsw.gov.au/documents/client_services/APD_directorate/lifestyle_planning/pct_tools/Lifestyle_Planning_Important_to-for.pdf)

**Good day / bad day**

<http://www.helensandersonassociates.co.uk/reading-room/how/person-centred-thinking/person-centred-thinking-tools/good-daybad-day.aspx>

**History map**

[http://dadhc-intranet.nsw.gov.au/documents/client\\_services/APD\\_directorate/lifestyle\\_planning/pct\\_tools/Lifestyle\\_Planning\\_History\\_map.pdf](http://dadhc-intranet.nsw.gov.au/documents/client_services/APD_directorate/lifestyle_planning/pct_tools/Lifestyle_Planning_History_map.pdf)

**Action plan**

[http://dadhc-intranet.nsw.gov.au/documents/client\\_services/APD\\_directorate/lifestyle\\_planning/pct\\_tools/Lifestyle\\_Planning\\_Action\\_plan.pdf](http://dadhc-intranet.nsw.gov.au/documents/client_services/APD_directorate/lifestyle_planning/pct_tools/Lifestyle_Planning_Action_plan.pdf)

## 4 Resources for children and young people

### **Palliative Care: Factsheet for families**

NSW Paediatric Palliative Care Programme

<http://www.caresearch.com.au/caresearch/Portals/0/Factsheet-Families.pdf>

### **Advance Planning for Quality Care at End of Life – Action Plan 2013-2018**

NSW Health <http://www.health.nsw.gov.au/patients/acp/Publications/acp-plan-2013-2018.pdf>

### **Paediatric Palliative Care Planning Framework 2011-2014**

NSW Health, Ministry of Health

[http://www0.health.nsw.gov.au/policies/gl/2011/GL2011\\_014.html](http://www0.health.nsw.gov.au/policies/gl/2011/GL2011_014.html)

### **Journeys – Palliative care for children and teenagers**

2<sup>nd</sup> edition, Palliative Care Australia 2010

[http://palliativecare.org.au/wp-content/uploads/dlm\\_uploads/2015/04/Journeys-2010-full-document.pdf](http://palliativecare.org.au/wp-content/uploads/dlm_uploads/2015/04/Journeys-2010-full-document.pdf)

## 5 Contact details for palliative care services (children and young people)

### **Sydney Children’s Hospital, Randwick**

Phone: (02) 9382 2095

### **John Hunter Children’s Hospital, Newcastle**

Phone: (02) 4921 3387

### **The Children’s Hospital at Westmead**

Phone: (02) 9845 0000 (page 6794)