

Family Preservation Package Program Logic

1. PROBLEM	2. EVIDENCE	3. PROGRAM: core components and flexible activities (if applicable)	4. MECHANISMS OF CHANGE	5. OUTPUTS & CLIENT OUTCOMES ¹ Describe the specific client outcomes likely to result from this program component as they relate to the NSW Human Services Outcome Framework Domains				6. GOAL																																				
<p>Many families face a range of social, emotional and cultural factors leading to some children and young people experiencing an increased risk of harm in their homes. This has been exacerbated by insufficient resourcing of family preservation services, including culturally competent services, an over-reliance on out-of-home care (OOHC) to protect children and young people, and poorer outcomes for those affected.</p>	<p>Evidence examined in the design of the Family Preservation Package has focused on the follow topic areas and studies:</p> <p>The Australian Institute of Family Studies (AIFS) table of commonly cited risk factors for child abuse and neglect.²</p> <p>The AIFS list of common protective factors for child abuse and neglect.³</p> <p>Levey, Gelayed, Bain, Rondon, Borba, Henderson and Williams (2017) systematic review of randomised controlled trials (RCT) of interventions designed to decrease child abuse in high-risk families.⁴</p> <p>Review of the evidence for intensive family service models (University of Melbourne and Parenting Research Centre, 2015, commissioned by FACS).⁵</p> <p>Moving to Prevention research report: Intensive family support services for Aboriginal and Torres Strait Islander children (Tilbury, 2015). This report is based on research conducted by Griffith University and the Secretariat of National Aboriginal and Islander Child Care (SNAICC), which examined factors contributing to positive outcomes for Aboriginal and Torres Strait Islander families who had come into contact with the child protection system.⁶</p> <p>Strengths of Australian Aboriginal cultural practices in family life and child rearing (Lohoar, Butera & Kennedy, 2014).⁷</p> <p>Cultural competency in health service delivery (Bainbridge, McCalman, Clifford & Tsey, 2015).⁸</p>	<p>The Permanency Support Program (PSP) Family Preservation Package Program Framework outlines four core components considered critical for effective family preservation work for all families. Each core component includes mandatory and non-mandatory activities. The Program Framework also indicates mandatory activities and approaches to support work with Aboriginal and CALD children and families.</p> <p>Core Component 1: Family and parenting support</p> <p><i>Mandatory content:</i></p> <ul style="list-style-type: none"> Parenting skills Parent/child interaction Child development, health and safety <p><i>Mandatory activities:</i></p> <ul style="list-style-type: none"> Build networks of support around the family, including use of Family Finding and Family Group Conferencing In terms of providing support for the care of children, the use of family and social support networks is to be given preference over respite Family relationship counselling Work to create an environment and foundation conducive to successful preservation work, including identification of housing and income needs, and advocacy work In-home practical support and brokerage <p><i>Non-mandatory activities:</i></p> <ul style="list-style-type: none"> Respite 	<p>Delivery approach The evidence-informed delivery approach will maximise opportunities to achieve program goals and outcomes.</p> <p>Aboriginal and CALD families Culturally safe and responsive service delivery will support the meaningful participation of Aboriginal and CALD families, along with subsequent achievement of outcomes.</p> <p>Core components Family and parenting support will help create change by:</p> <ul style="list-style-type: none"> improving and expanding networks of support and social support for families; improving parenting capacity and family functioning; strengthening family and kin participation in decision making strengthening family bonds; reducing conflict and improving safety; improving parenting skills; developing better household living conditions; developing sustainable household routines; enhancing problem solving and budgeting skills <p>The provision of child focused support will help create change for children by improving their health, behavioural problems and overall wellbeing. These</p>	<table border="1"> <thead> <tr> <th data-bbox="1439 369 1718 579">Outputs</th> <th data-bbox="1724 369 2012 579">Immediate outcomes <i>Primarily attributed to the program</i></th> <th data-bbox="2018 369 2312 579">Intermediate outcomes <i>Partly attributed to program, beginning of shared attribution</i></th> <th data-bbox="2318 369 2599 579">Long-term outcomes <i>Shared attribution across agencies/NGOs</i></th> </tr> </thead> <tbody> <tr> <td colspan="4" data-bbox="1439 583 2599 642" style="text-align: center;">Permanency goal - Preservation Human Services Outcome Framework (HSOF) goal: Home</td> </tr> <tr> <td data-bbox="1439 646 1718 932">Number of children and young people with a case plan goal of family preservation</td> <td data-bbox="1724 646 2012 932">Child is assessed as safe at home</td> <td data-bbox="2018 646 2312 932">Increased child safety within the home Improved family functioning/parental behaviour</td> <td data-bbox="2318 646 2599 932">Increased numbers of children remaining safe at home with their families Increased family safety Improved family functioning/parental behaviour is maintained or surpassed</td> </tr> <tr> <td data-bbox="1439 936 1718 1024">List of approved service providers with family preservation capability</td> <td data-bbox="1724 945 2012 1239">Child is assessed as safe at home Parents have engaged with services to address risk factors</td> <td data-bbox="2018 945 2312 1239">Increased child and family safety Improved family functioning/parental behaviour Parents are engaging with services to address risk factors</td> <td data-bbox="2318 945 2599 1239">Child and family safety maintained or surpassed Improved family functioning/parental behaviour Parents are continuing to access support services, with reducing reliance</td> </tr> <tr> <td colspan="4" data-bbox="1439 1243 2599 1302" style="text-align: center;">Safety</td> </tr> <tr> <td data-bbox="1439 1306 1718 1394">Number or list of culturally specific agencies across locations available to provide brokerage/ sub contracted services</td> <td data-bbox="1724 1306 2012 1600">Improved subjective wellbeing Children are accessing services for support Children express feelings of cultural safety</td> <td data-bbox="2018 1306 2312 1600">Improved wellbeing outcomes for children Children express continued feelings of cultural safety</td> <td data-bbox="2318 1306 2599 1600">Improved child wellbeing outcomes are maintained or increased Continued improvements in wellbeing and reduced need for support Children express feelings of continued cultural safety</td> </tr> <tr> <td colspan="4" data-bbox="1439 1604 2599 1663" style="text-align: center;">Wellbeing - 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¹ Proposed outcome measures are outlined in the PSP Preservation Package Program Framework and will be further refined through consultation

² Black, Smith Slep & Heyman, 2001; Brown, Cohen, Johnson, & Salzinger, 1998; Clément, Bérubé & Chamberland, 2016; Dubowitz et al., 2011; Forston, Klevens, Merrick, Gilbert & Alexander, 2016; Freisthler, Merrit & LaScala 2006; Li et al., 2011; Palusci, 2011; Putnam-Hornstein & Needell, 2011; Shook Slack et al., 2011; Stith et al., 2009 Wu et al., 2004, cited by AIFS, <https://aifs.gov.au/cfca/publications/risk-and-protective-factors-child-abuse-and-neglect>

³ Black et al., 2001; Brown et al., 1998; Clément et al., 2016; Dubowitz et al., 2011; Forston, Klevens, Merrick, Gilbert & Alexander, 2016; Freisthler et al., 2006; Li et al., 2011; Palusci, 2011; Shook Slack et al., 2011; Stith et al., 2009, cited by AIFS <https://aifs.gov.au/cfca/publications/risk-and-protective-factors-child-abuse-and-neglect>

⁴ Levey, et al. 2017. A systematic review of RCT of interventions designed to decrease child abuse in high-risk families, in *Child Abuse & Neglect* 65, <http://dx.doi.org/10.1016/j.chiabu.2017.01.004>

⁵ PRC and UoM, 2015, http://www.community.nsw.gov.au/_data/assets/file/0007/369106/FACS_EIFS_Report_March_2016.pdf

⁶ Tilbury, C. Griffith University 2015 SNAICC

⁷ Lohoar, Butera & Kennedy, 2014, Strengths of Australian Aboriginal cultural practices in family life and child rearing, pp. 16-17, <https://aifs.gov.au/cfca/sites/default/files/publication-documents/cfca25.pdf>

⁸ Bainbridge, McCalman, Clifford & Tsey, 2015, pp.16-18

<p>The Intersection of Trauma, Racism, and Cultural Competence in Effective Work with Aboriginal People (Herring, Spangaro, Lauw & McNamara, 2013).⁹</p> <p>The Aboriginal Child, Family and Community Care State Secretariat (NSW) (AbSec) 'Strengthening Aboriginal Families Model' (2017).¹⁰</p> <p>Enhancing family and relationship service accessibility and delivery for culturally and linguistically diverse families in Australia (Sawrikar and Katz, 2008).¹¹</p> <p>Evidence relating to treatment intensity (Polanin & Espelage, 2014).¹²</p> <p>Staff training and support as an implementation driver of program outcomes (NIRN, 2015).¹³</p> <p>Trauma-informed care in child/family welfare settings (Wall, Higgins and Hunter, 2016).¹⁴</p> <p>Evidence supporting a strengths based approach (AIFS, 2014) The good practice guide to Child Aware Approaches: Keeping children safe and well¹⁵</p> <p>The influence of ecological factors in relation to child development (Fox, Southwell, Stafford, Goodhue, Jackson & Smith, 2015).¹⁶</p>	<p>Core Component 2: Child focused support</p> <p><i>Mandatory activities:</i></p> <ul style="list-style-type: none"> • Identification of child's emotional and psychological needs, including those related to trauma • Psychological services commensurate to the level of identified need, with counselling services a minimum requirement • Educational and learning assistance • Identification of any additional health needs, including those relating to dental, allied health or disability • Services to address identified health needs <p><i>Non-mandatory activities:</i></p> <ul style="list-style-type: none"> • Psychological or clinical services (where assessment has identified these as not required) • Child care • Referral and assistance to engage with the National Disability Insurance Scheme (NDIS) <p>Core Component 3: Safety monitoring</p> <p><i>Mandatory activities:</i></p> <ul style="list-style-type: none"> • Service support and assistance to decrease potential risk through case review • Contacts and monitoring visits <p>Core Component 4: Risk mitigation</p> <p><i>Mandatory activities:</i></p> <ul style="list-style-type: none"> • Identification of major risk factors for parents such as AOD, mental health or DFV • Warm referral to services to address risk factors • Provision of any support required to engage successfully with services, such as assistance with transport or attendance at appointments • Support to maintain engagement with services 	<p>factors will also help reduce stress on families, improving family functioning and overall outcomes.</p> <p>Safety monitoring, including three monthly FACS Child Protection reviews, will promote continued child safety and ensure the goal of family preservation remains appropriate.</p> <p>Risk mitigation activities will work towards creating change by assisting in the reduction of major risk factors for child abuse and neglect.</p>	<p>family members participating in activities provided</p> <p>SARA reports</p> <p>Family Action Plans</p> <p>Appropriate health plans</p> <p>NDIS plans (where relevant)</p> <p>Relevant service provider documentation</p>	<p>Wellbeing – Parent/carer HSOF goal: Health</p> <table border="1"> <tr> <td data-bbox="1724 184 2000 464"> <p>Improved subjective wellbeing</p> <p>Parents are accessing services for support</p> <p>Parents express feelings of cultural safety</p> </td> <td data-bbox="2000 184 2318 464"> <p>Improved wellbeing outcomes</p> <p>Parents are continuing to access services for support</p> <p>Parents express continued feelings of cultural safety</p> </td> <td data-bbox="2318 184 2602 464"> <p>Improved wellbeing outcomes are maintained or further increased</p> <p>Continued improvements in wellbeing and reduced reliance on support services</p> <p>Parents express feelings of continued cultural safety</p> </td> </tr> <tr> <td colspan="3" data-bbox="1724 464 2602 495" style="text-align: center;">Educational outcomes</td> </tr> <tr> <td 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⁹ Herring, et al., 2013, pp. 111-113

¹⁰ AbSec, 2017, *Our families, our way: Strengthening Aboriginal families so their children can thrive*, pp. 13-14

¹¹ Sawrikar and Katz, 2008, *Enhancing family and relationship service accessibility and delivery for culturally and linguistically diverse families in Australia*, pp. 12-16

¹² Polanin and Espelage, 2014, p. 1

¹³ National Implementation Research Network, 2015

¹⁴ Wall, Higgins and Hunter, 2016, *Trauma-informed care in child/family welfare settings*, CFCA, pp. 2-6

¹⁵ AIFS, 2014, *The good practice guide to Child Aware Approaches: Keeping children safe and well*

¹⁶ Fox, S., Southwell, A., Stafford, N., Goodhue, R., Jackson, D. and Smith, C. (2015). *Better Systems, Better Chances: A Review of Research and Practice for Prevention and Early Intervention*. Canberra: Australian Research Alliance for Children and Youth (ARACY) pp. 32-33