

NSW Carers Strategy 2014-2019

Carers provide ongoing unpaid support to people who need it because of their disability, chronic illness, mental illness, dementia or frail age.

This care is fundamental to family life and our community wellbeing.

The **NSW Carers Strategy** (the Strategy) is a five year plan that outlines the priorities and shared vision of our community with the aim of improving the position of carers in NSW.

About the Strategy

The Strategy sets out the rationale for reforms across five main focus areas: employment and education; carer health and wellbeing; information and community awareness; carer engagement; and improving the evidence base for policy and practice.

It sets expectations that carers will have choices and opportunities to participate in paid work, and that young carers will complete school and transition to further education and employment. Carers will easily access information when they need it and feel the broader community understands their experience. Carers will experience good health and well being. Carers will be involved in decisions affecting them and the people they care for, and both policy and practice will be informed by quality evidence.

Working together

The Strategy was built on the expertise of carers, private business, academics, government and non-government representatives using **collaboration** and **co-design** processes.



ABS 2012, Disability, Ageing and Carers
Australia, NSW April 2014

The collaborative process will continue throughout the implementation of the Strategy.



More information

Visit www.carers.nsw.gov.au